

December 2024

Only have 60 seconds?

Important Dates

- Ramsay Head Office Christmas Shut Down: 23rd December 3rd January
- Research Contracts Inbox will close between 13th December 20th January

National Consumer Engagement Database EOI: Ramsay's National Consumer Engagement Database set to launch in 2025 is taking expressions of interest. If you are a patient, carer or family member of someone participating in research and are interested in being a part of a consumer engagement group, complete the form here

15+ New publications from our Doctors, VMO's and RHRF grant recipients.

Site Spotlights

- Warringal Private Hospital is the first site globally to participate in the new colorectal cancer clinical trial called OrigAMI-3.
- Sunshine Coast University Private Hospital: New prostate cancer clinical trial has shown positive high-level results
- Ramsay Clinic Albert Road is the first site globally to commence and dose 2 patients on a new psychedelic study.

Winners of the 3-Minute Video Competition: Some of our researchers submitted 3-Minute videos during Research Month in September to showcase their research. The RAFT ECT Project team at Ramsay Clinic Northside won both categories. Watch the videos here

National Consumer Engagement Database ~ Expression of Interest ~

RAMSAY NATIONAL CONSUMER ENGAGEMENT DATABASE



Register your interest to be involved in the Ramsay National Consumer Engagement Database



Launching 2025



If you are a patient involved in research or a carer of someone involved in research, register your interest here

The National Consumer Engagement database will be a group of consumers who are willing to share their perspective, insights, feedback and recommendations on research related activities occurring throughout the Ramsay Hospital Research Foundation and the Ramsay Clinical Trials Network.

The purpose of this is to enhance patient care across Ramsay, through ensuring our research is designed with the consumer/patient in mind. It will be a database where the consumer can elect:

- Areas they are interested in providing feedback on
- Frequency of their involvement
- · The format of their input

Site Spotlights

Warringal Private Hospital

First site globally to be activated for a new colorectal clinical trial

Warringal Private Hospital Clinical Trials & Research Unit is the first site in Australia and globally to complete the site initiation and activation for a colorectal clinical trial called OrigAMI-

This is a multi-center, international trial sponsored by Janssen (Johnson & Johnson) and led by Prof. Niall Tebbutt. The trial is for patients with advanced colorectal cancer who have already received one line of treatment but haven't had certain treatments before, combining chemotherapy with drugs that target proteins called EGFR and VEGF



bevacizumab, with chemotherapy.

(cetuximab or bevacizumab), is often the best option.

A drug called amivantamab (EGFR-MET inhibitor), which targets cancer cells, is a new treatment being studied for colorectal cancer. Amivantamab can be given through an IV or as an injection under the skin. Research has shown that the injection under the skin is well tolerated and has fewer side effects, like infusion-related reactions.

This study is testing whether combining amivantamab (when injected under the skin) with chemotherapy is safe and effective at treating advanced colorectal cancer and/or extending life compared to the current treatments, cetuximab or

Sunshine Coast University Private Hospital

New prostate cancer clinical trial has shown positive high-level results

AstraZeneca's new combination treatment, Truqap (capivasertib), has shown promising results for patients with advanced prostate cancer. This is the first and only AKT inhibitor combination to demonstrate benefit in this specific subtype of prostate cancer.

Read the official press release here

Ramsay Clinic Albert Road

First site globally to commence and dose 2 patients on a new psychedelic study.



-Professor Malcolm Hopwood

Principal Investigator, Professor Malcolm Hopwood, and the team at Ramsay Clinic Albert Road are the first site globally to recruit and dose 2 patients on a new PTSD study.

The study is a Phase 2 open label study, evaluating the safety and efficacy of a new psychedelic medication, methylone, as a treatment for posttraumatic stress disorder (PTSD).

The study complements an ongoing study (IMPACT-1) which is also evaluating

In the current study, a modified dosing schedule of methylone is being tested in order to determine if a less burdensome dose regimen is able to produce similar efficacy.

"This is a great opportunity for our site to add to research in a new exciting area. This study supports our approach of bringing research to the bedside for patients with difficult to treat Mental Health conditions."

FDA Fast Track Designation Awarded to new Acute Leukaemia Drug



Congratulations to Pindara, Hollywood and Wollongong Private Hospital Clinical Trials & Research Units who are all involved in an Acute Leukaemia trial testing the safety and tolerability of a new small molecule drug treatment developed by Lin BioScience.

The FDA has recently granted Fast Track Designation to LBS-007 (the drug under investigation) for the potential treatment of relapsed or refractory Acute Myeloid Leukemia (AML).

This decision will expedite LBS-007's development to fill the unmet medical need associated with Acute Leukemia.

The trial has recruited 2 patients at Pindara Private Hospital, 2 at Wollongong Private Hospital, and Hollywood Private Hospital is hoping to recruit their first patient soon.

Congratulations to the teams at these sites for their hard work in bringing this treatment one step closer to improving the lives of many.

Help Shape our Clinical Trials Network Conference

We're excited to begin planning for next years Ramsay Clinical Trials Network Conference.

This is your opportunity to shape the program by suggesting topics, themes, or specific speakers you'd like to see featured.

We value your input! Help us ensure the conference addresses the most pressing issues and delivers content that's relevant and impactful.

Submit your suggestions here or scan the QR code below.



Winners of the Ramsay Research Month 3-Minute Video Competition

Some of our amazing researchers created and submitted a 3-minute video showcasing their research as part of the 2024 Ramsay Research Month.

View the winners below

WINNER of both the Ramsay Internal Judging category and Peoples Choice category

The RAFT ECT Study – Presented by Clara Massaneda Teneu, Vanessa Dennis and Thomas Borchard.

This pivotal international study seeks to advance clinical Electroconvulsive therapy (ECT) practices, providing real-world evidence to establish a new global standard for ECT,

particularly since there has been little change in clinical practice over the last decade.

View the video here: <u>The RAFT ECT Study, Clara Massaneda Teneu, Vanessa Dennis, Thomas Borchard & Mayra Ouriques (youtube.com)</u>



RUNNER-UP in the Ramsay Internal Judging category

Flourishing in Fatherhood – Presented by Emily Segers

The Flourishing in Fatherhood project aims to track the changes that men undergo in their transition to fatherhood, specifically their cardiometabolic, lifestyle and mental health changes, and to understand how to support men in this transition.

View the video here: Flourishing in Fatherhood, Emily Segers (youtube.com)



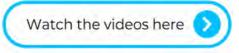
RUNNER-UP in the Peoples Choice category

CAMBRIA-2 - An Adjuvant Endocrine-based Therapy Study of Camizestrant (AZD9833) in ER+/HER2- Early Breast Cancer – Presented by Dr Nicholas Zdenkowski

CAMBRIA-2 is for participants with ER+, HER2- eBC with an intermediate or high risk of recurrence. It aims to find out if a new endocrine therapy (hormone) treatment, a 'selective estrogen receptor degrader' (SERD), is better at stopping cancer from returning compared to usual endocrine treatments.

View the vide here: CAMBRIA 2 Trial Dr Nicholas Zdenkowski (youtube.com)





Research Consultations Available

Ramsay provide a range of consultations to assist you in conducting high quality research.

These consultations are for Ramsay accredited practitioners or Ramsay staff involved in or contemplating conducting research at Ramsay facility.

We offer consultations in the following



Published Research

Congratulations to several of our Doctors, VMO's and RHRF grant recipients on their recent publications. We are fortunate to see contributions from researchers who actively participate in our Clinical Trials Units as well as from those affiliated with Ramsay sites more broadly.

Jaimie-Lee Smith - Joondalup Health Campus

Exploring Smartphone App Use in Older Adults with a Chronic Respiratory Disease: The biggest Problem I have Is I Don't Understand My Phone At All. - Respiration

Giuseppe Cardaci - Hollywood Private Hospital

Effectiveness and Patient Experiences of Rhenium Skin Cancer Therapy for Nonmelanoma Skin Cancer: Interim Results from the EPIC-Skin Study. - J Nucl Med

Desiree Silva - Joondalup Health Campus

<u>Effect of maternal prebiotic supplementation on human milk immunological composition:</u>
<u>Insights from the SYMBA study.</u>- *Pediatr Allergy Immunol.*

Cohort Profile: The ORIGINS pregnancy and birth cohort. - Int J Epidemiol.

Cindy Garcia - North Shore Private Hospital

Perspectives on technology: urethral slings in a post-mesh world. - BJU International

Simone Steel - Peninsula Private Hospital, & Jeanne Tie (RHRF Grant Recipient) Real-world impact of pembrolizumab availability for deficient mismatch repair metastatic colorectal cancer - International Medicine Journal

Irene Pelletier - Joondalup Health Campus

<u>Is clinician reported practice in Western Australian emergency departments aligned with direct discharge pathway protocols for minor self-limiting fractures? A multi-centre professional survey.</u> - *EMA*

Jayesh Gohil - Wollongong Private Hospital

A Rare Case of Phrenic Nerve Palsy Secondary to Radiation Therapy, Identified During Pulmonary Vein Isolation. - Heart Lung Circ.

Matthew Kang & Dennis Velakoulis (RHRF Grant recipients), Thomas Borchard - Ramsay Clinic Northside

<u>Plasma and CSF neurofilament light chain distinguish neurodegenerative from primary psychiatric conditions in a clinical setting.</u>

Alzheimer's & Dementia

Rochelle Matacz, Shannon Byrne, Kaoru Nosaka, & Vesna Newman-Morris - Joondalup Health Campus

Evaluation of the Pregnancy to Parenthood program: A dyadic intervention for mothers with perinatal mental disorders and their infants. - Infant Mental Health Journal.

Pamela Chen - Joondalup Health Campus

<u>Cognitive changes in people with diabetes with lower extremity complications compared to people with diabetes without lower extremity complications: a systematic review and meta-analysis.- BMC Endocr Disord.</u>

Ali Tafreshi - Wollongong Private Hospital

Medicine Access Programmes: what do patients think - a patient-reported outcome study on ribociclib in metastatic breast cancer in Australia. Intern Med J.

Venu Chalasani & Matthew Winter - North Shore Private Hospital

<u>Cardiopulmonary exercise testing prior to radical cystectomy: a systematic review and meta-analysis.</u> *BJU Int*.

Sumit Mehra - Joondalup Health Campus

A randomised dose finding study of combination dronabinol and acetazolamide for the treatment of obstructive sleep apnoea. Sleep.

Annemieke Clark - Mount Wilga Private Hospital

What clinicians could consider in providing group interventions for people with cognitive impairments: a scoping review. Psychogeriatrics.

Raymond Cook, Nyssa Chennell Dutton, Linton J Meagher, George Fracchia, Nathan Anderson, & Glenn Cooper - North Shore Private Hospital

Minimising the rate of vascular complications in Deep Brain Stimulation surgery for the management of Parkinson's disease: a single-centre 600-patient case series. BMJ Neurol Open.



Wishing everyone a very happy holiday period, and looking forward to everything that is to come in 2025.



Have something you'd like to share in Ramsay Clinical Trials Network E-News?



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