

Clinical Trials Network June Update



June 2025

Your 60 second update

Research at Site

Lake Macquarie Private Hospital participated in the [NADINA Trial](#) which has resulted in a breakthrough melanoma treatment approved to be listed on the PBS.

Lake Macquarie Private Hospital was activated as a site for the [ELEGANT Trial](#), an important Breast Cancer trial.

John Flynn Private Hospital received ethics approval for their first ever [Women's Health Clinical Trial](#).

Warringal Private Hospital sits as the highest recruiter globally for [SRG-514-01 Trial](#), a Breast Cancer trial.

Sunshine Coast University Private Hospital consented the first patient globally to a [Gastric and Gastroesophageal Cancer study](#).

General Research Updates

Two Ramsay Hospital Research Foundation grant rounds open- The [Social Determinants of Health Innovation Grant](#) and the [Collaborative Research Request](#).

Latest Rapid Research Video Released with Melody Leung, PhD student on the RHRF Funded study being run at St George Private Hospital, looking at Improving mobility and preventing falls in hospitals. [View the video here](#).

2025 ARCS Annual Conference CEO Breakfast sponsored by Ramsay Health Care Clinical Trials Network, and two session presentations on Challenges and Solutions for Clinical Trial Sites and Sponsors, and Diversity and Inclusion in Clinical Research.

2025 ASCO Annual Meeting was held in May where Dr Nick Zdenkowski, presented the [FINER Study](#) taking place at Lake Macquarie Private Hospital.

Free biostatistics consultations available for any Ramsay accredited practitioner or staff member, conducting research at a Ramsay facility. [More info and register here](#).

Site Spotlights

Lake Macquarie Private Hospital



Photo credit: Max Mason-Hubers, The Australian. Photo featured in Melanoma Institute Australia news story

Groundbreaking melanoma treatment to be subsidised for all Australian patients.

A [Melanoma Institute Australia news story](#) stated that "In 2023, NADINA was named by high impact journal Nature Medicine as one of 11 clinical trials most likely to have an impact on global medicine in the coming year". Now, the tested treatment (pre-surgery use of combination immunotherapy) for high-risk melanoma has been approved by the Pharmaceutical Benefits Advisory Committee and will soon be listed on the Pharmaceutical Benefits Scheme (PBS) and subsidised for all Australian patients.

The [NADINA Trial](#) is an international, randomised phase 3 trial including 420 stage III cutaneous or unknown primary melanoma patients. The trial is comparing Neoadjuvant Ipilimumab Plus Nivolumab versus Standard Adjuvant Nivolumab in Macroscopic Stage III Melanoma (NADINA).

Congratulations to Lake Macquarie Private Hospital Clinical Trials & Research Unit, for their involvement in the trial and contributing to such a groundbreaking and important study.

Achieved site activation for important Breast Cancer trial.

Lake Macquarie Private Hospital is taking part in an important Breast Cancer clinical trial called [ELEGANT](#). The trial is testing a new treatment option for people with early-stage, hormone receptor-positive breast cancer who may be at higher risk of the cancer coming back. Recruitment is currently open.

John Flynn Private Hospital

Completed site initiation visit for their first ever Women's Health clinical trial.

[This double-blind, randomised trial](#) evaluates the safety and effectiveness of Metrodora Therapeutics' treatments aimed at rectifying the vaginal environment to reduce bacterial vaginosis recurrence. Congratulations to the team at John Flynn Private Hospital Clinical Trials Unit and PI, Dr Mikhail Sarofim for their work in achieving this milestone.

Conducted first ever in-person GCP Workshop for all hospital staff.

Emily Vasiljevski, Clinical Trials & Research Unit Manager at John Flynn Private Hospital was awarded a national Ramsay Scholarship with the support of ARCS, to conduct an in person Good Clinical Practice Workshop. The workshop took place on Clinical Trials Day on 20th May 2025.



Pictured: Emily Vasiljevski (front left) and GCP attendees

Warringal Private Hospital

Top recruiter globally for Breast-conserving Cancer Surgery

A/Prof Simon Tsao leads the [SRG-514-01 Trial](#) at Warringal Private Hospital. This is a multicentre, first-in-human Phase 1 dose escalation trial aiming to define the recommended phases 2 dose of SRG-514 administered intraoperatively to the site of tumour resection in patients undergoing breast-conserving cancer surgery.



Pictured L to R: Cameron Grant (CTC), Dr Tsao (PI), Zahra Thompson (CTM)

Sunshine Coast University Private Hospital

Consented first patient globally to a gastric and gastroesophageal cancer study.

The trial is a first-in-human study using BDC-4182 as a single agent in advanced gastric and gastroesophageal cancer. It is a dose escalation study designed to evaluate the safety and tolerability of BDC-4182 to establish the recommended Phase 2 dose. Read more [here](#).



Open Grant Rounds

Social Determinants of Health Innovation Grant

Applications close 24th July 2025

RHRF is awarding a maximum of \$700,000 per project, for projects up to a maximum of three years in duration. The RHRF Board will fund up to two projects that best align with the strategic priorities of the foundation. To ensure that this program aligns with the broader mission of RHRF this grant round will focus on health issues that affect the following population cohorts:

- Women
- Regional and Rural populations
- People aged over 60

[Guidelines & How to Apply](#)

Collaborative Research Request

Applications close 7th August 2025.

RHRF is awarding a maximum of \$400,000 per project, for projects up to a maximum of five years in duration on the condition that RHRF is not the only participant to provide cash support. RHRF will consider requests to financially support and be involved in collaborative research projects. These may include applications for:

- National Health and Medical Research Council (NHMRC) grants
- Medical Research Future Fund (MRFF) grants
- Australian Research Council (ARC) grants
- Cooperative Research Centres (CRC) grants
- Or other similar Australian based grant schemes

[Guidelines & How to Apply](#)

Ramsay at ARCS Annual Conference 2025



#2025ARCS

2025 ARCS
ANNUAL CONFERENCE

Members of the Ramsay National Research Unit and RHRF Team (L-R): Yordanka Krastev, Andrew McFadzen, Allie Bartholomew, Nicola Ware

Ramsay Health Care proudly sponsored the CEO Breakfast at the 2025 ARCS Annual Conference. Nicola Ware (Head of Research, Innovation and Integrated Care, RHC) provided a brief overview of our Clinical Trials and Research capabilities at Ramsay. It was an invaluable opportunity to connect with leaders in the healthcare industry, fostering new and ongoing relationships to advance research.

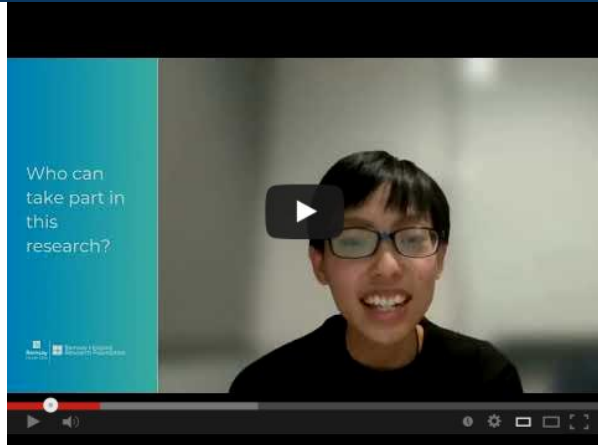
National team members, Dr Yordanka Krastev and Andrew McFadzen also presented a [session](#) on "Common challenges and practical solutions for clinical trial sites and sponsors". Andrew McFadzen also presented alongside Shawli Das, Strategic Services Account Manager from MEDIDATA on "Considering historic, current and planned work in relation to patient diversity and inclusion in clinical research".

Rapid Research Video Released

Melody Leung is a PhD student at the Institute for Musculoskeletal Health and is working on the RHRF funded study **"Improving mobility and preventing falls in hospitals: adaptation and implementation of a cost-saving program"** led by Prof. Peter Youseff.

The project is evaluating the implementation of an evidence based mobility program delivered at both a private hospital (St George Private Hospital) and a public hospital (Prince of Wales Hospital).

[Watch the video here](#)



Access CR CPIR Awards

Ramsay Hospital Research Foundation is supporting AccessCR's Australian Consumer Partnerships in Research 2025 Awards. The awards will spotlight excellence in consumer partnership and participant experience in health and medical research in Australia.

There are six awards categories that will be announced on the evening of 13 Aug 2025 and include:

- Excellence in Consumer Partnership in Non-Commercial Research,
- Excellence in Consumer Partnership in Industry-Funded Research and Development,
- Excellence in Consumer Partner Capacity Building,
- Excellence in Research Participant Experience,
- Outstanding Individual Consumer Impact on Health and Medical Research,
- Outstanding Consumer Advisory Group Impact on Health and Medical Research

[Place your vote here](#)

A promotional graphic for the Australian Consumer Partnerships in Research Awards 2025. It features a blue and white abstract background with flowing lines. The text is arranged in a central column: 'you're invited to' in a large, orange, handwritten-style font; '...VOTE for the People's Choice Award by the 24 July.' in a smaller, black, sans-serif font; '...REGISTER for the virtual Live Finals & Awards Ceremony 12-13 Aug.' in a smaller, black, sans-serif font; 'Learn more at: bit.ly/CPIR2025Awards' in a bold, orange, sans-serif font; 'AUSTRALIAN CONSUMER PARTNERSHIPS IN RESEARCH AWARDS 2025' in a bold, blue, sans-serif font; 'ACCESSCR #CPIR2025Awards' in a smaller, blue, sans-serif font. At the bottom, it says 'With thanks to our Platinum Event Partner: Bb Bellberry Limited supporting research and ethics' with the Bellberry logo.

Recent Publications

Congratulations to several of our Doctors, VMO's and RHRF grant recipients on their recent publications. We are fortunate to see contributions from researchers who actively participate in our Clinical Trials & Research Units as well as from those affiliated with Ramsay sites more broadly.

Mal Hopwood - Ramsay Clinic Albert Road

[Plasma Glial Fibrillary Acidic Protein and Neurofilament Light Are Elevated in Bipolar Depression: Evidence for Neuroprogression and Astrogliosis](#)

Aneel Nihal - Pindara Private Hospital

[A diverse paper sensor for the rapid determination of nicotine and cotinine traces in air, vaping liquid, and human saliva.](#)

Yue Yu, Siobhan McKay, Nazim Bhimani, Thomas Hugh - North Shore Private Hospital

[Clinical and financial impact of a 'difficult' laparoscopic cholecystectomy.](#)

Shivlal David - Joondalup health Campus

[Femoral diaphyseal fatigue stress fracture in an older adult male with normal bone mineral density.](#)

Peter Conroy, Sue Davel, Edward Briggs - Joondalup health Campus

[Diagnostic and Therapeutic Challenges in an Acute Variegate Porphyric Crisis Complicated by Anuric Renal Failure and Multiorgan Dysfunction: A Case Report.](#)

Colleen Loo - Ramsay Clinic Northside

[Royal Australian and New Zealand College of Psychiatrists professional practice guidelines for the use of ketamine in psychiatric practice.](#)

Jamie Tan, Desiree Silva - Joondalup Health Campus

[Iron Deficiency in Young Australian Children: A Hidden Health Crisis Demanding Urgent Action.](#)

Ravisha Srinivasjois - Joondalup Health Campus

[Australian fathers' experiences of caring for their preterm infants.](#)

[Indirect evidence of sex-selective abortion practices to the imbalanced sex ratio at birth in Australian migrant populations.](#)

Amanda Chung - North Shore Private Hospital

[Mesenteric misadventure: An unusual suprapubic catheter complication.](#)

Elisabeth Rippy - North Shore Private Hospital

[Skin changes of the female breast: A guide to assessment and management.](#)

Bruce Ashford - Wollongong Private Hospital

[Survivorship Needs and Experiences of Survivors of Head and Neck Cancer in Rural Australia: A Qualitative Study.](#)

Rodney Allan - North Shore Private Hospital

[Invasive surgical management of cervical internal jugular venous compression: A literature review.](#)

Desiree Silva - Joondalup Health Campus

[ORIGINS: Nutritional Profile of Children Aged One Year in a Longitudinal Birth Cohort.](#)

Nicholas Haydon - North Shore Private Hospital

[A systematic review of axon count measurement and reporting for nerve transfers in the upper extremity.](#)

D Nocum - North Shore Private Hospital

[A global evaluation of Advanced Practice recognition pathways for diagnostic radiography.](#)

Samantha Khanna, Cameron New, Corrina Moore, Edward Graham, Bijoy Thomas, Sean Mungovan - Westmead Private Hospital

[Urinary Incontinence in Men and Women After Total Hip Arthroplasty: A Retrospective Observational Cohort Study.](#)

Rashmi Ghanpur - Warringal Private Hospital

[The Renal Effect of 20% Human Albumin Solution Fluid Bolus Therapy in Patients After Cardiac Surgery. A Secondary Analysis of the HAS FLAIR II Randomized Clinical Trial.](#)

Simon Ryan - Hollywood Private Hospital

[Intrathyroidal Fifth Parathyroid Adenoma: A Rare Cause of Primary Hyperparathyroidism](#)

Krishan Rasiah, Venu Chalasani, Aamanda Chung - North Shore Private Hospital

[The Growing Role of Artificial Intelligence in Surgical Education: ChatGPT Undertakes the Australian Generic Surgical Sciences Examination.](#)

Havish Srinath - John Flynn Private Hospital

[The alarming rise of early-onset colorectal cancer.](#)

Anthony Leong - Kareena Private Hospital

[Combined Anteversion in Healthy Hips: Should There Be a Single Implant Alignment Target in Total Hip Arthroplasty?](#)

Andrea Tazbirkova- Pindara Private Hospital

[Phase 2 Open-Label Study of Sacituzumab Govitecan as Second-Line Therapy in Patients With Extensive-Stage SCLC: Results From TROPiCS-03](#)

Ravindranath Tiruvoipati - Peninsula Private Hospital

[High mean arterial pressure \(MAP\) targets in septic shock: one size does not fit all.](#)

Huy Tran - Peninsula Private Hospital

[A. Safety and efficacy of rilzabrutinib vs placebo in adults with immune thrombocytopenia: the phase 3 LUNA3 study.](#)


David James De La Horne - Ramsay Clinic Albert Road

[Evaluating Group CBT for Depression in Newly Diagnosed Breast Cancer Patients in a Malaysian Public Hospital](#)

Edwina Moore, Jonathan Serpell - Peninsula Private Hospital

[Design of a Consensus Derived Synoptic Operative Report for Thyroid Surgery.](#)

Biostatistics Support

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Research Foundation

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-ANONYMOUS RAMSAY RESEARCHER

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