



July 2025

## Your 60 second update

### RHRF Funded Project Updates

#### 2024 Social Determinants of Health Innovation Grant Recipients announced:

**Professor Brendan McCormack and Dr Pandora Patterson**, for their project "Improving community and health care navigation for culturally and linguistically diverse refugee and migrant women in South-Western Sydney experiencing mental health concerns"

**Ms Kathleen Davey and Mr David Salles** for their project "Connected Minds: Co-Designing Accessible Digital Mental Health Services for Children in Rural Communities."

**Professor Kim Delbaere** for her project "Engaging communities to prevent falls: a collaborative pre- and post-hospital support initiative."

### Research Outputs

**Publications** - Two new publications from RHRF funded projects '[Obstetric Care](#)' led by Dr Sarah Price, and '[M'Help](#)' led by Dr Marjolein Kammers.

**In the News** - RHRF grant recipient, Professor Lisa Horvath features in a [7 News Segment](#) explaining the progression with the RHRF funded trial "DARO-Lipid" and the advancements in understanding and treatment for prostate cancer.

**Ramsay Rapid Research** - [Latest Rapid Research Video released](#) - Melody Leung speaks about the RHRF funded study "*Improving mobility and preventing falls in hospitals: adaptation and implementation of a cost saving program.*"

## General Research Updates

**Ramsay Research Consumer Engagement** - has recently launched a pilot project involving consumers in the review and design of two Ramsay Research resources. Interested in being involved or know someone who is? [Complete the EOI form here.](#)

**Consumer Partnerships in Research (CPIR) Awards-** RHRF is a proud supporter of AccessCR's CPIR Awards. [Register to attend the online live event](#) and watch the finalist presentations and awards ceremony.

**Free Biostatistics Support** - for anyone conducting research at a Ramsay facility. [Register here](#)

## Successful Grant Recipients Announced 2024 Social Determinants of Health Innovation Grant Round

Improving community and health care navigation for culturally and linguistically diverse refugee and migrant women in South-Western Sydney experiencing mental health concerns



### Principal Investigators

Prof Brendan McCormack  
Dr Pandora Patterson

### Focus Population

Women

### Awarded Organisation

University of Sydney in partnership with  
Community First Step

### A bit about the study...

The study takes a person-centred approach and aims to co-design solutions to improve experiences and outcomes for culturally and linguistically diverse (CALD) refugee and migrant women experiencing mental health concerns, navigating community and health systems.

The team aims to build sustainable structures, spaces and relationships that improve equity of access, leverage community strengths and assets, and address social determinants to improve mental health and well-being.

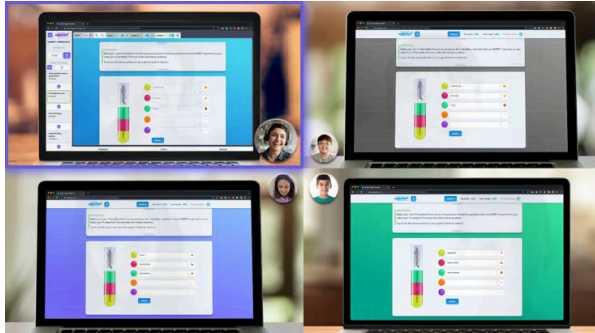
### Meet some of the team...

Image above, left to Right: Josh Nguyen, Pandora Patterson, Brendan McCormack, Louise Beehag, Janice Gullick

*"This project brings lived experience to the forefront, empowering culturally diverse women from under-resourced communities to shape the solutions that support their mental wellbeing and access to care."* -Dr Pandora Patterson



# Connected Minds: Co-Designing Accessible Digital Mental Health Services for Children in Rural Communities



## Principal Investigators

Ms Kathleen Davey

Mr David Salles

## Focus Populations

Regional/ Rural Population

Neurodivergent Children

## Awarded Organisation

Social Science Translated

## A bit about the study...

The study aims to tackle the disadvantages experienced by neurodivergent children in rural communities, by improving access to effective mental health services using the evidence-based Secret Agent Society (SAS) Small Group program. SAS helps children build important social and emotional tools through gamified learning and clinician-led sessions.

By working closely with children, parents, educators, and clinicians, the project will co-design solutions that make these digital services easier to use

*Image Below: David Salles, one of the study Principal Investigators.*



## Engaging communities to prevent falls: a collaborative pre- and post-hospital support initiative



Ramsey Hospital  
Research Foundation



### Principal Investigator

Prof. Kim Delbaere

### Focus Population

People aged over 60

### Awarded Organisation

University of New South Wales

### A bit about the study...

The project takes a comprehensive, community-focused approach to explore strategies for reducing falls by integrating hospital-based education, digital health tools and community support and aims to create a scalable fall prevention model that can be rolled out nationwide.

The team will assess the feasibility, acceptability and scalability of these strategies, aiming to reduce the burden on healthcare systems while helping older adults stay healthier at home and fostering stronger community support

### Meet the wonderful Principal Investigator on the project, Professor Kim Delbaere

*"Falls after hospitalisation can derail recovery and lead to long-term disability. This grant enables us to work closely with older adults, health professionals and community partners to co-design practical fall prevention strategies that are engaging, equitable and ready for real-world use." - Kim Delbaere*

## Collaborative Research Request - Applications Still Open

A reminder that RHRF's Collaborative Research Request is still open and taking applications up until 7th August 2025.

A total funding of \$1.2 million is available in this round of Collaborative Research Request (CRR) grant. RHRF will provide up to \$400,000 in cash contribution per project, for projects of duration up to five years, on the condition that RHRF is **not the only** participant to provide cash support.

RHRF will consider requests to financially support and be involved in collaborative research projects. These may include applications for:

- National Health and Medical Research Council (NHMRC) grants
- Medical Research Future Fund (MRFF) grants
- Australian Research Council (ARC) grants
- Cooperative Research Centres (CRC) grants
- Or other similar Australian based grant schemes

[More info & apply here](#)

## Ramsay Research Consumer Engagement Pilot Launched

The Ramsay Research Consumer Engagement Pilot is now underway.

Ramsay Health Care and Ramsay Hospital Research Foundation are committed to enhancing the quality and relevance of its research through meaningful consumer involvement. This pilot program aims to explore effective ways to engage consumers in research-related activities across Ramsay facilities and RHRF funded research.

This Pilot aims to involve consumers in reviewing and providing feedback on two key national resources developed to support Ramsay Research, and to gain feedback and input on the suggested structure of consumer engagement at Ramsay.

**Are you a health consumer, patient, clinical research participant or a family member or carer? Join Us in Shaping the Future of Research at Ramsay!**



Scan the QR code to register your interest to be involved in the Ramsay Research Consumer Engagement Pilot, or [click here.](#)



## RHRF at the 2025 ANZUP ASM

Ramsay Hospital Research Foundation attended the 2025 ANZUP Annual Scientific Meeting, held at the Hyatt Regency Sydney from 20th - 22nd July. The three days consisted of a range of speakers and perspectives in the area of Urogenital and Prostate Cancer.

RHRF CEO, Nicola Ware engaged in the 'ANZUP in Conversations' Interview, proudly speaking about the new and exciting partnership between RHRF and ANZUP.





L to R: Samantha Oakes (CEO, ANZUP), Nicola Ware (CEO, RHRF), Dr Yordanka Krastev (Research Operations Manager, RHRF)



L to R: Professor Lisa Horvath, Dr Yordanka Krastev, Dr Tahlia Scheinberg

## The Progression of RHRF funded study 'DARO-Lipid'

It was great to see the RHRF funded project 'DARO-Lipid' led by Dr Tahlia Scheinberg, presented, along with the next steps in the project's evolution. [Find out more about the study here:](#)

The research was also recently featured in a [7 News segment](#)

Lisa Horvath, Chief Clinical Officer and Director of Research at Chris O'Brien Lifehouse and Ramsay Hospital Research Foundation grant recipient, explains how the world-first blood test, PCPro, is changing how we understand and treat advanced prostate cancer.

Developed using comprehensive lipid profiling, PCPro can identify the 12% of patients with metastatic castration-resistant prostate cancer (mCRPC) who have a significantly poorer prognosis, with a median survival of just 12–13 months.

Ramsay Hospital Research Foundation proudly funded the early stages of this project. It's great to see the team leverage this and securing additional funding to progress the research



## Access CR CPIR Awards

RHRF is supporting AccessCR's Australian Consumer Partnerships in Research 2025 Awards. The awards will spotlight excellence in consumer partnership and participant experience in health and medical research in Australia.

There are six award categories:

- Excellence in Consumer Partnership in Non-Commercial Research,

- Excellence in Consumer Partnership in Industry-Funded Research and Development,
- Excellence in Consumer Partner Capacity Building,
- Excellence in Research Participant Experience,
- Outstanding Individual Consumer Impact on Health and Medical Research,
- Outstanding Consumer Advisory Group Impact on Health and Medical Research

[Register for the virtual live finals & awards ceremony 12-13 August here.](#)



Ramsay Hospital  
Research Foundation

supports the **ACCESSCR**

# AUSTRALIAN CONSUMER PARTNERSHIPS IN RESEARCH AWARDS 2025

**FINALS + AWARDS CEREMONY  
12-13 AUG 2025**

**#CPIR2025Awards  
[bit.ly/CPIR2025Awards](https://bit.ly/CPIR2025Awards)**

## Latest Rapid Research Video Released

Melody Leung is a PhD student at the Institute for Musculoskeletal Health and is working on the RHRF funded study, "Improving mobility and preventing falls in hospitals: adaptation and implementation of a cost-saving program" led by Prof. Peter Youseff.

The project is evaluating the implementation of an evidence based mobility program delivered at both a private hospital (St George Private Hospital) and a public hospital (Prince of Wales Hospital).

Watch the 5 minute video [here](#)



## FREE Biostatistics Support

Free biostatistics consultations are available for anyone conducting research at a Ramsay facility. Available to all doctors, VMO's, nurses or other staff involved in or contemplating conducting research at a Ramsay facility.

All consultations will be conducted online via Zoom or Microsoft Teams.

Essential at every stage of your project - from concept to conclusion.

[Register for a free consultation here.](#)

## Recent Publications

Congratulations to two of our grant recipients and investigators on their and their teams recently published work.

**Obstetric Care Project I Principal Investigator: Sarah Price**

[Considering the use of GLP-1 receptor agonists in women with obesity prior to pregnancy: a narrative review.](#) *Arch Gynecol Obstet*

**M-Help Project I Principal Investigator: Marjolein Kammers**

[What good emotional care for miscarriage looks like: A mixed-methods investigation in an Australian private hospital setting.](#) *Aust N Z J Obstet Gynaecol.*

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