

# Clinical Trials Network e-Newsletter



**August 2024**

## Welcome

Welcome to the Ramsay Health Care Clinical Trials Network Newsletter!

At Ramsay Health Care, we are dedicated to growing our Clinical Trials and Research Network to enhance our research capabilities and support groundbreaking research.

In developing this Network, our goal is to bring together leading researchers, clinicians, and healthcare professionals to collaborate on innovative clinical trials that will shape the future of healthcare. By expanding our network, we are seeking to continually grow and develop leading research that ultimately benefits patients and improves patient outcomes. We are committed to working closely with universities, collaborative groups and Industry to develop strong relationships with key sponsors and drive research forward and offer opportunities to our doctors and clinical teams in Ramsay.

We prioritize providing the best possible patient care and quality research, and we are excited to share our latest developments and future ambitions with you.

This newsletter will be published on a bi-monthly basis. You are receiving this newsletter due to your interest in research, education and training. If you do not wish to receive it please opt out using the link at the end of this page.

If you would like to learn more about the opportunities to participate in the research network, please contact us using the link at the end of this page.



**Nicola Ware**

Head of Research Innovation &  
Integrated Care

## Only have 60 seconds?

- **Free 1-hour Biostatistics Consultation:** Ramsay Hospital Research Foundation has launched a Biostatistics Consultation Service to assist Ramsay accredited practitioners or staff to assist with their research activities. Read more and register for a free 1 hour consultation [here](#)
- **Open Grant Rounds:** Ramsay Hospital Research Foundation currently have two grant rounds open. [Collaborative Research Request \(CRR\)](#) and the newly developed [Social Determinants of Health \(SDH\) Innovation Grant](#).
- **Trial Highlight:** Dr Xu and her team at Border Cancer Hospital successfully enrolled the first participant globally into the [Phase I INI4001 study](#). This first patient on the study marks a big milestone for this trial.
- **Ramsay Research Month** will take place 1st - 30th September. Keep your eyes peeled for an opportunity to enter our 3-Minute Video competition where you can showcase your research.

## Got a bit more time? About Our Clinical Trials Network



**Where are our Clinical Trials Units Located?**



## Biostatistics Consultation Service Launched



Ramsay Hospital Research Foundation has launched a new biostatistical consultation service for any Ramsay accredited practitioner or staff to assist with research activities.

Our biostatistician, Nazim Bhimani, works in medical research as a Biostatistician and Data Manager for the Gastrointestinal Department at Royal North Shore Hospital, Sydney, is a lecturer in Surgical Education at the University of Sydney and is undertaking a part time PhD in Medicine from the University of Sydney.

The consultation may cover the feasibility of your project proposal, clarification of research questions and the identification of outcomes, management of confounding variables, sample size requirements/ power analysis, practicality of data collection, assistance conducting analyses and the interpretation of results.

An initial one-hour consultation is free of charge until October this year.

[More information & request a consultation](#)

## Site Spotlights

### The Avenue Private Hospital & John Flynn Private Hospital - Trial completion

The Avenue Private Hospital and John Flynn Private Hospital have recently completed the [SPARK study](#), a Phase 2B trial assessing pain relief after total knee replacement. The trial

marks a significant milestone in evaluating new treatment approaches, thanks to investigators **Dr. Andrew Shimmin** (The Avenue Private Hospital) and **Dr. David Liu** (John Flynn Private Hospital) along with the collaborative efforts of the broader research team and participants.

## Border Cancer Hospital

### First Patient recruited

Congratulations to **Dr Xu** and her team at Border Cancer Hospital for successfully enrolling the first participant globally into the [Phase I INI4001 study](#) on treatment resistant solid mass tumours. This first patient on the study marks a big milestone for this trial.

### New Clinical Trials Coordinator

Congratulations to Deanna Osojnik on her appointment as Clinical Trials Coordinator at Border Cancer Hospital. Deanna first joined Ramsay Health Care in Feb 2021 as part of the [Graduate Pathways Program](#) and is now undertaking a secondment with the Clinical Trials & Research Unit. Working closely with Principal Investigators and research teams, Deanna will lead and support clinical trial activities conducted at Border Cancer Hospital. This role allows her to engage in both clinical work and broader research processes.

*"It's been really interesting to see all the background work that gets done with these trials... it's nice to work with the oncologists directly, and actively be a part of the patients treatment"*



Deanna Osojnik, Clinical Trials Coordinator at Border Cancer Hospital

## Open Grant Rounds

Ramsay Hospital Research Foundation currently has two grant rounds open.

### Collaborative Research Request (CRR)

To foster a culture of cross-system collaboration, RHRF will consider requests to financially support and be involved in collaborative research projects.

These may include applications for; National Health and Medical Research Council (NHMRC) grants; Medical Research Future Fund (MRFF) grants; Australian Research Council (ARC) grants; Cooperative Research Centres (CRC) grants, or other

### Social Determinants of Health (SDH) Innovation Grant

RHRF is seeking to develop a sustainable approach to addressing social determinants of health (SDH) in partnership with other healthcare and community organisations.

To align with the broader mission of RHRF this grant round will focus on health issues that affect the following population cohorts;

- Women
- Regional & Rural population

similar Australian based grant schemes.

A maximum of **\$400,000** is available for contribution per project, for projects of duration up to five (5) years, on the condition that RHRF is not the only participant to provide cash support.

- People aged over 60.

A maximum of **\$800,000** is available per project, for projects up to a maximum of three (3) years in duration. The RHRF Board will fund up to four projects that best align with the strategic priorities of the foundation.

Apply for a  
CRR

Apply for a SDH  
Grant

## Ramsay Research Month: September 1st -30th



We are excited to announce Ramsay Research Month, taking place from September 1st to 30th! This month-long celebration of innovation and discovery will feature a variety of activities across our network, highlighting the incredible research efforts within Ramsay Health Care.

### 3-Minute Video Competition.

Ramsay affiliated researchers, clinicians, and healthcare professionals will be invited to showcase their projects and findings in engaging 3 minute videos. This is a fantastic opportunity to share your work, show your impact and inspire others!

Registration link coming soon...

## Ramsay Research at Industry Events

### ARCS Fellows

Congratulations to Suzanne Elliot, (Associate Director of Clinical Trials at Gallipoli Medical Research Foundation working in collaboration with Greenslopes Private Hospital) and Radhika Butala, (Clinical Trials & Research Unit Manager at North Shore Private Hospital), on their selection as an inaugural ARCS Australia Fellow.

This prestigious recognition is awarded to outstanding leaders who have made significant contributions in their field over many years.



Suzanne Elliot at ARCS Conference 2024





### SCRS ANZ Site Solutions Summit

The Ramsay Research team exhibited at this year's SCRS ANZ Site Solutions Summit, held at the Grand Hyatt in Melbourne.

The event brought together clinical research sites, sponsors, CROs, and clinical trial providers to share the latest knowledge, trends, and best practices in clinical research as well as discuss collaborative solutions to improve the future of clinical trials.

Thank you to SCRS 2024 for organizing such a valuable event and providing a platform for learning, networking, and engaging with clinical research professionals from around the world.

## Publications from Doctors and VMO's at Ramsay

Congratulations to several of our Doctors and VMO's on their recent publications. We are fortunate to see contributions from researchers who actively participate in our Clinical Trials Units as well as from those affiliated with Ramsay sites more broadly.

### Elan Kaplan

[The Preservation of Umbilical Blood Supply in Combined Ventral Hernia Repair and Abdominoplasty: A Narrative Review.](#) Aesthetic Plastic Surgery.

### Fiona Salter, Deborah Kerr, Yun Zhao & Emily Jeffery

[A prospective observational study examining weight and psychosocial change in adolescent and adult eating disorder inpatients admitted for nutritional rehabilitation using a high-energy re-feeding protocol.](#) Journal of Eating Disorders

### Jake Chia

[The Tree Flap: A Novel Modification of the Hatchet Flap for Lower One-third Nasal Reconstruction.](#) Plastic and Reconstructive Surgery

### Jaswinder S Samra & Anubhav Mittal

[Serum and tissue metalloproteomics of pancreatic ductal adenocarcinoma.](#) Cancer Science

### Jessica E Clack

[An integrative literature review of factors contributing to hypothermia in adults during the emergent \(ebb\) phase of a severe burn injury.](#) Burns

### Karen P Phillips and Rukshen Weerasooriya

[2023 Cardiac Society of Australia and New Zealand Expert Position Statement on Catheter and Surgical Ablation for Atrial Fibrillation.](#) Heart Lung Circ.

### Michelle Morris- Sunshine Coast University Private Hospital

[The effect of dietary interventions or patterns on the cardiometabolic health of individuals treated with androgen deprivation therapy for prostate cancer: A systematic review.](#) Maturitas

**Pam Chen**

[Effectiveness of interventions to enhance healing of chronic foot ulcers in diabetes: A systematic review.](#) Diabetes Metab Res Rev.

**Pramesh Kovoov**

[Metaraminol-induced coronary vasospasm masquerading as ST-elevation myocardial infarction during general anaesthesia.](#) br J Anaesth.

**Rachel Thomson**

[OPTIMA: An Open-Label, Noncomparative Pilot Trial of Inhaled Molgramostim in Pulmonary Nontuberculous Mycobacterial Infection.](#) Ann Am Thorac Soc

**Rodney J Lane**

[An arterial access system for targeted chemotherapy delivery and arterial-arterial extracorporeal recirculation for 'end stage' peripheral vascular disease.](#) The Journal of Vascular Access.

**Sean F. Mungovan**

[Implementation of Physical Therapist Services for Men Undergoing Radical Prostatectomy: An Administrative Case Report.](#) Phys Ther.

**Sharlene Bell, Brendon Burns, Claire Sutton, Craig Creswell**

[Nursing assessment of mental health issues in the general clinical environment: A descriptive study.](#) Journal of Advanced Nursing

## Interested in getting involved?

If you are interested in our clinical trial's network and would like to be involved in delivering high-quality, cutting-edge care please contact the national team via email or visit our website for more information.

**EMAIL US AT**  
[info@rhrf.org.au](mailto:info@rhrf.org.au)

**VISIT OUR**  
**WEBSITE**

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Have something you'd like to share in Ramsay Clinical Trials Network E-News?

**SUBMIT A**  
**STORY**

Sent to: [bartholomewalexandra@ramsayhealth.com.au](mailto:bartholomewalexandra@ramsayhealth.com.au)

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