

Clinical Trials Network e-Newsletter



October 2024

Only have 60 seconds?

- **Research Support Drop-In Consultations:** We provide one on one consultations in [Biostatistics](#), [Ramsay Ethics & Governance](#), and [Ramsay Hospital Research Foundation Grant Writing](#).
- **Open Grant Rounds:** Ramsay Hospital Research Foundation currently have two grant rounds open. The [Translational Challenge Grant](#) (closing 25th November) and the newly developed [Social Determinants of Health \(SDH\) Innovation Grant](#) (closing 10th October).
- **People's Choice Vote for 3-Minute Video Competition:** Some of our researchers have submitted 3-Minute videos showcasing their research and we need your help to vote for your favourite. Watch the videos [here](#) and cast your vote [here](#).
- **Site Spotlights**
 - Sunshine Coast University Private Hospital has been approved for a new rheumatology study (led by Dr. Sue Thackwray), their first ever study in this indication.
 - Lake Macquarie Private Hospital is the first Australian site to be activated for the CAMBRIA-2 Trial, a breast cancer study led by Dr. Nicholas Zdenkowski. Southern Highlands Private Hospital is also an approved site for the trial, and is awaiting activation.



Elevate your research with our 'Research Support Drop-In Consultations'

Our team is here to help support your research.

We provide one on one consultations in Biostatistics, Ramsay Ethics & Governance, and Ramsay Hospital Research Foundation Grant Writing.

These consultations can be used at any point in the lifecycle of your research and provide an opportunity to discuss conducting your research at Ramsay with our experienced research staff.

Consultations are open to all researchers, VMO's and RHRF grant recipients conducting research or planning to conduct research in a Ramsay facility.

Register for Biostatistics
Consultation



Register for Ramsay Ethics & Governance Consultation



Register for RHRF Grant Writing Consultation



Site Spotlights

Sunshine Coast University Private Hospital (SCUPH) Approved for their first ever trial in rheumatology

A huge milestone achieved for SCUPH as they expand their clinical trials capabilities into a new therapeutic area. Having previously only conducted trials in oncology, SCUPH, under the guidance of Renae Jackson (Clinical Trials and Research Unit Manager), have been approved for their first trial specialising in Rheumatology.

Dr. Sue Thackwray leads the studies implementation at SCUPH. The study aims to evaluate the efficacy and safety of a topical gel treatment for Chronic Plaque Psoriasis.

This week, the study team recruited their first patient to the trial.

Lake Macquarie Private Hospital First Australian site to be activated for the CAMBRIA-2 Breast Cancer Trial

Lake Macquarie Private Hospital Clinical Trials and Research Unit, managed by Hollie Ritchie is the first Australian site to be activated for the CAMBRIA-2 Clinical Trial. The study is also due to be run at [Southern Highlands Private Hospital](#). The site has been approved and is awaiting activation.

CAMBRIA-2 is for men or women who have ER-positive, HER2-negative early breast cancer that has an intermediate or high risk of recurrence. The study aims to recruit 5,500 patients at approximately 700 sites across 40 countries.

The treatment being trialled is a type of endocrine treatment called a 'selective oestrogen receptor degrader' (SERD). The SERD works by breaking down the oestrogen receptors in cells, and also blocks the oestrogen receptors from being triggered by oestrogen. This prevents ER-positive cancer cells receiving messages to grow and multiply and may help to reduce the chance of cancer coming back.

Open Grant Rounds

Ramsay Hospital Research Foundation currently has two grant rounds open.

Translational Challenge Grant (TCG)

TCG is RHRF's most prominent grant stream that specifically seeks to fund translational research projects that will break the cycle of disadvantage and improve patient outcomes.

A maximum of \$400,000 is available per project, for projects of duration up to three years.

Applications closing 25th November 2024

Apply for a TCG



Social Determinants of Health (SDH) Innovation Grant - Closing tomorrow!

RHRF is seeking to develop a sustainable approach to addressing social determinants of health (SDH) in partnership with other healthcare and community organisations.

To align with the broader mission of RHRF this grant round will focus on health issues that affect the following population cohorts;

- Women
- Regional & Rural population
- People aged over 60.

Applications closing 10th October 2024

Apply for a SDH Grant



4th Consecutive Ramsay Research Month

This year marks the 4th consecutive year of celebrating the wonderful research achievements and activity that goes on around the network.

A heartfelt thank you to all our clinical trials network sites nationwide and to our researchers, doctors, patients, and research staff for your unwavering dedication and exceptional contributions.



This month was filled with:

- ✓ A variety of morning teas, presentations, and networking events across our Clinical Trials Network.
- ✓ Researchers attending our free research consultations for biostatistics, proposal development, and research ethics and governance.
- ✓ Researchers and research groups submitting creative entries to the 3-Minute Video competition, outlining their amazing work.
- ✓ First Sponsor Pipeline Presentation with BeiGene, a global biotechnology leader, detailing information about the upcoming investigational products in haematology and medical oncology.

PEOPLE'S CHOICE VOTE

3-Minute Video Competition

Some of our amazing researchers have created and submitted a 3-minute video showcasing their research for the chance to win a \$1000 GiftCard.

We need your help to vote for your favourite.

How to vote:

1. Watch the video's [here](#)
2. Decide which video you believe best communicates their research
3. Cast your vote [here](#) (you can only vote for one video)

Watch the videos here



Cast your vote here



Things to think about when deciding your vote:

- Do you understand what the research is about and how it's being done? Does the video demonstrate the impact on healthcare practices or patient outcomes? Is the video interesting and does it captivate you?
- Does the video demonstrate the impact on healthcare practices or patient outcomes?
- Is the video interesting and does it captivate you?

Voting will close on Friday 11th October and winners will be notified by Tuesday 15th October

Ramsay Research in the Community

Sunshine Coast Annual GP Conference 2024

The Sunshine Coast GP conference hosted by Ramsay served as a valuable platform for general practitioners in the region to engage with specialists from the Ramsay Hospital Network.

This event provided a unique opportunity for GPs to gain insights directly from experts across various medical fields, enhancing their knowledge and potentially improving patient care

The Sunshine Coast University Private Hospital Clinical Trials & Research Unit had a presence in the exhibition hall which allowed the research team to interact with local GPs, offering information about the ongoing clinical trials



Published Research

Congratulations to several of our Doctors, VMO's and RHRF grant recipients on their recent publications. We are fortunate to see contributions from researchers who actively participate in our Clinical Trials Units as well as from those affiliated with Ramsay sites more broadly.

Michael Bull, Malcolm Hopwood, Colleen Loo and Donel Martin

[Facilitating routine data collection to improve clinical quality and research in Interventional Psychiatry: The CARE Network.](#) - Aust N Z J Psychiatry.

Chandra Rat, Saravanan Muthusamy and Shripada Rao

[Lactobacillus rhamnosus GG as a probiotic for preterm infants: a strain specific systematic review and meta-analysis.](#) - Eur J Clin Nutr.

Charlotte Goldsmith and Nicolas Demasi

[Health concerns of intensive care survivors and research participation willingness: A multicentre survey.](#) - Crit Care Resusc.

Irene Pelletier

[Is clinician reported practice in Western Australian emergency departments aligned with direct discharge pathway protocols for minor self-limiting fractures? A multi-centre professional survey.](#) - Emerg Med Australas.

Robert Evans

[Patients undergoing multiligament knee reconstruction injured during pivoting sports demonstrate similar clinical, functional and return to sport outcomes by 2 years compared with those undergoing anterior cruciate ligament reconstruction.](#) - Knee Surg Sports Traumatol Arthrosc.

Elen Kaplan

[The Preservation of Umbilical Blood Supply in Combined Ventral Hernia Repair and Abdominoplasty: A Narrative Review.](#) - Aesthetic Plast Surg.

Tim Papadopoulos

[There Is no Universal Standard of Beauty.](#) - Aesthetic Plast Surg.

A. Shrestha

[The risk of cognitive decline and dementia in older adults diagnosed with COVID-19: A systematic review and meta-analysis.](#) - Ageing Res Rev.

Vijay Sourinathan, Rukshen Weerasooriya, and Pragnesh Joshi

[Thoracoscopic Left Atrial Appendage Occlusion with the AtriClip PRO2: An Experience of 144 Patients.](#) - Heart Lung Circ.

Desiree Silva

[The ORIGINS Project: A Cross-Sectional Analysis of the Nutrition Profile of Pregnant Women in a Longitudinal Birth Cohort.](#) - Nutrients.

Edward Danson, Mohammad Azari and Astin Lee

[Surgical Ligation of a Large Coronary-Cameral Fistula Suspected of Causing Coronary Steal Phenomenon.](#) - J Soc Cardiovasc Angiogr Interv.

Scott Popham

[Critical care unit bed availability and postoperative outcomes: a multinational cohort study.](#) Anaesthesia.

Farah Abdul-Aziz

[A novel stress sensor enables accurate estimation of micro-scale tissue mechanics in quantitative micro-elastography.](#) APL Bioeng.

Andrew J. Spillane

[The complexities of establishing a surgical multi-centre registry in Australia: challenges, and possible solution.](#) ANZ J Surg.

Charles F. Minto

[Steady-state trumps accuracy: target-controlled infusion as a gain switch.](#) Br J Anaesth.

Mohammad O. Boushnak

[Percutaneous Ultrasound-Assisted Carpal Tunnel Release Using Sono-Instruments®.](#) Cureus.

Venu Chalasani and Matthew Winter

[Cardiopulmonary exercise testing prior to radical cystectomy: a systematic review and meta-analysis.](#) BJU Int.

Stephen Ackland

[Evaluation of early fluoropyrimidine toxicity in solid organ cancer patients: a retrospective observational study in Australia](#) – Intern Med J

Interested in getting involved?

Email us at info@rhrf.org.au



Visit our Website



Have something you'd like to share in Ramsay Clinical Trials Network E-News?

Submit a story



Sent to: bartholomewalexandra@rhrf.org.au

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