



**Special Edition: Ramsay Research Month Wrap-Up**

## THAT'S A WRAP

### 4th Consecutive Year Celebrating Ramsay Research Month

We are thrilled to celebrate the successful conclusion of Ramsay Research Month for 2024.

A heartfelt thank you to all our clinical trials network sites nationwide and to our researchers, doctors, patients, and research staff for your unwavering dedication and exceptional contributions.

This month was filled with a variety of morning teas, presentations, consultations, and networking events across our Clinical Trials Network. These activities provided invaluable opportunities to collaborate on and celebrate the remarkable research being conducted nationwide.

#### Research Month activities at our Clinical Trials Sites





## PEOPLE'S CHOICE VOTE

### 3-Minute Video Competition

Some of our amazing researchers have created and submitted a 3-minute video showcasing their research for the chance to win a \$1000 GiftCard.

**We need your help to vote for your favourite.**

How to vote:

1. Watch the video's [here](#)
2. Decide which video you believe best communicates their research
3. Cast your vote [here](#) (you can only vote for one video)

Watch the Video's

Cast your Vote



Things to think about when deciding your vote

- Do you understand what the research is about and how it's being done?
- Does the video demonstrate the impact on healthcare practices or patient outcomes?
- Is the video interesting and does it captivate you?

## OPEN Grant Rounds

RHRF currently have two grant rounds open for applications.

1. [Translational Challenge Grant \(TCG\)](#): is RHRF's most prominent grant stream that specifically seeks to fund translational research projects that will break the cycle of disadvantage and improve patient outcomes.

*Check your eligibility [here](#)  
Applications closing 25th November 2024*

2. [Social Determinants of Health \(SDH\) Innovation Grant](#): is RHRF's grant stream that specifically seeks to fund projects that develop a sustainable approach to addressing social determinants of health in partnership with other healthcare and community



organisations.

Check your eligibility [here](#)  
Applications closing 10th October 2024

Please contact [info@rhrf.org.au](mailto:info@rhrf.org.au) if you have questions about applying.

## Latest Successful Grant Recipients

Three more Translational Challenge Grants have been confirmed. Congratulations to the following Principal Investigators and their teams.



Professor Geoffrey Tofler (PI) and Dr Philippa Heighes

**Project Title:**

Triggered Acute Risk Prevention (TARP): A Novel Model of Care to Improve Cardiovascular and Mental Health Outcomes.

**Project Aim:**

Triggers such as acute emotional stress have been identified in up to half of heart attacks and stroke, yet until now, have not been used for preventive strategies. This project aims to evaluate a novel care model, TARP, which helps individuals with cardiovascular disease identify acute emotional stress through educational resources and respond appropriately with medication (propranolol and aspirin).

**Primary Ramsay Sites:**

- North Shore Private Hospital, NSW
- Westmead Private Hospital, NSW



L to R: Jaden Lin, A/Professor Sam Adie (PI for EPIK Study), Dr Deanne Jenkin (PI for ROAD RCT) and Dr Robert Molnar.

**Project Title:**

Early Pain Intervention after total Knee replacement (EPIK): a registry-nested trial

**Project aim:**

About 1 in 4 Australians develop persistent pain after TKR and currently, there is no established model of care to effectively manage these patients. The EPIK Trial, which is based on an overseas model of care, will address how a coordinated, multidisciplinary model-of-care can improve outcomes and reduce costs for people with persistent pain post Total Knee Replacement (TKR), ensuring they get the right care at the right time.

**Primary Ramsay Site:**

- St George Private Hospital, NSW
- Wollongong Private Hospital, NSW

**Project Title:**

Reducing Opioids After fracture Discharge (ROAD): Randomised Controlled Trial (RCT)

**Project aim:**

Up to 70% of Australian hospitals send patients home with opioids 'just-in-case'. This over-prescription is associated with avoidable chronic opioid use, addiction, overdose and death. This trial will identify which patients can be managed without opioids at discharge and demonstrate the real-world effectiveness, safety and

acceptability of opioid-free prescribing in these patients.

**Primary Ramsay Site:**

- St George Private Hospital, NSW

## Free Consultations



We are thrilled to have successfully concluded the free research consultations as part of Ramsay Research Month.

A heartfelt thank you to everyone who attended and took advantage of this opportunity to connect and collaborate with our research experts. We are excited to have been able to provide this service to help advance your research projects.

### Ongoing Biostatistics Service

We would like to remind you that our Biostatistics Consultation Service is still available, with October being the final month for this pilot service. If you need assistance with formulating a research proposal, developing your methodology, conducting your analysis or interpreting results, please [book your consultation here](#).

For any questions about undertaking research with Ramsay, feel free to contact us at [info@rhrf.org.au](mailto:info@rhrf.org.au).

## Contact RHRF

Email us at [info@rhrf.org.au](mailto:info@rhrf.org.au)

Visit our Website

Subscribe to our e-news

Submit a Story to feature in our  
Newsletter

Sent to: [bartholomewalexandra@rhrf.org.au](mailto:bartholomewalexandra@rhrf.org.au)

[Unsubscribe](#)

Ramsay Health Care Australia, Level 7, Tower B, 7 Westbourne Street, St Leonards NSW 2065, Australia