

Clinical Trials Network October Update



October 2025

Your 30 Second Scoop

Sunshine Coast University Private Hospital: New Breast Cancer drug [approved on PBS](#) after positive trial.

North Shore Private Hospital: First activated Australian site on the global [Thyroid Eye Disease study](#). Also, recruited their first patient at site on the global [TAVI Trial](#).

Peninsula Private Hospital: [First in Australia dosing for study](#) targeting patients with Relapsed/Refractory Chronic Lymphocytic Leukemia or Small Lymphocytic Lymphoma, and [DYNAMIC-III Study](#) presented at ESMO in Oct 2025.

Ramsay Clinic Albert Road: Highest recruiting site globally for the [TREK study](#), and successful in securing an RHRF Grant to conduct research into the [WREN Model](#) for Women's mental health.

RHRF Translational Challenge Grant is currently open: [Apply here](#)

The PREPARE Study is seeking practicing orthopaedic surgeons to participate. [Apply here](#).

Important Dates - Christmas Shut Down

National Research Unit Closure: From 5.00pm on Friday 23 December 2025 and will re-open on Monday 5 January 2026.

NRU Ethics submission deadlines

2025 dates

- WA|SA HREC: Submission Deadline - 5pm AEST 17th Nov 2025 | Meeting date - 8th Dec 2025
- HREC A: Submission Deadline - 5pm AEST 24th Nov 2025 | Meeting date - 15th Dec 2025

*The HREC will not accept **new submissions** during the period from the deadlines above to 12 January 2026. Submissions during this time will be reviewed after 12 January 2026 in order of submission date.*

2026 dates

- **WA|SA HREC:** Submission Deadline- 12pm AEST 12th Jan 2026 | Meeting Date - 2nd Feb 2026
- **HREC A:** Submission Deadline - 12pm AEST 26th Jan 2026 | Meeting date - 16th Feb 2026

NRU Governance / SSA Review:

- Submission deadline for *new research governance applications* for 2025 (including SSA submissions and documents for noting) is 12:00pm on 28th November 2025.

The NRU will not accept new Research Governance submissions during the period 28 November 2025 - 12 January 2026. Submissions received during this time will be reviewed after 12 January 2026 in order of submission date.

Site Highlights

Ramsay Clinic Albert Road

Successfully secured an RHRF Grant for the WREN Model Study

Ramsay Clinic Albert Road were successful in receiving an RHRF Translational Challenge Grant in collaboration with the University of Melbourne, Alfred Health and Goulburn Valley Health, and led by Professor Malcolm Hopwood.

This project will conduct quantitative and qualitative research into the WREN Model, a new model of mental health care for women.

[Read more about the WREN Model](#)



Highest recruiting site globally for the TREK Study

Ramsay Clinic Albert Road have successfully recruited 47 patients into the TREK study, which is the highest from any site, globally. With total enrolment now at 102 participants, Albert Road's outstanding contribution represents a significant achievement in the study's progress.

TREK is an MRFF-funded multisite ketamine RCT comparing the effectiveness of two forms of ketamine (Spravato® and racemic ketamine) for Treatment-resistant Depression.

The study is also being run at Ramsay Clinic Northside, and Ramsay Clinic Lakeside, as well as the Black Dog Institute and Gold Coast University Hospital.



[Read more about the TREK study](#)

Sunshine Coast University Private Hospital (SCUPH)

New Breast Cancer drug available on PBS.

The Australian Government has recently announced that Capivasertib (sold as Truqap) is now available on the Pharmaceutical Benefits Scheme (PBS) for the treatment of metastatic breast cancer. SCUPH is participating in the global trial assessing the efficacy of the new drug compared to placebo for the treatment of patients with inoperable or metastatic HR+/HER2- breast cancer following recurrence or progression on or after AI therapy.

The PBS listing provides more equitable access to this vital drug, costing patients around \$30, compared to its previous cost of over \$98,000. Congratulations to SCUPH PI, Dr Michelle Morris and her team for their involvement in the trial.

[See the study details](#)

[Read the Breast Cancer Network media release](#)

SCUPH's Psoriasis Drug Trial is changing lives.

A recent 7 News segment highlighted an exciting clinical trial underway at SCUPH, where researchers are testing a new oral medication targeting a specific point in the inflammatory pathway associated with psoriasis. With no known cure for psoriasis and low remission rates, this investigational drug offers hope, showing a promising safety profile and minimal side effects in early results.

Congratulations to Dr Sue Thackwray, (Principal Investigator on the trial at SCUPH) and her team.



Listen to Dr Sue Thackwray speak with us about the trial in one of our Rapid Research Video's.

[Get involved in the trial](#)

North Shore Private Hospital

Global Thyroid Eye Disease Study activated at North Shore Private Hospital

This Phase 1 and 2 study, aims to assess the safety, pharmacokinetics, and efficacy of a new drug for healthy patients and those with moderate-to-severe active Thyroid Eye Disease.

North Shore Private Hospital is now Australia's first activated site in this global study, with Australia now being the second country to be activated following the U.S.A.

[Read more about the study](#)



Peninsula Private Hospital

Oncology study at Peninsula successfully doses first patient in Australia.

Peninsula has successfully dosed the first patient in Australia as part of an exciting oncology study led by Dr Patricia Walker. The trial focuses on patients with relapsed or refractory Chronic Lymphocytic Leukemia (CLL) or Small Lymphocytic Lymphoma (SLL), aiming to evaluate a promising new therapy designed to overcome resistance to BTK (Bruton's tyrosine kinase) inhibitors.

In the comparator arm, the study uses Pirtobrutinib, a next-generation drug that binds reversibly to BTK, maintaining efficacy even in the presence of resistance mutations.

With both treatments currently unavailable outside this trial in Australia, the study marks an important step forward in expanding options for patients facing limited therapeutic pathways.

[Read more about the study](#)

Colon Cancer Study Presented at ESMO 2025

DYNAMIC-III Study presented at ESMO Congress 2025.

The DYNAMIC-III Study is undertaken at three Ramsay Clinical Trial Units including; Peninsula Private Hospital led by Dr Simone Steel, Lake Macquarie Private Hospital led by Dr Stephen Ackland and Warringal Private Hospital led by Prof Niall Tebbutt. The trial aims to compare treatment informed by ctDNA results to standard care in patients with **stage III colon cancer**.

The study was presented at the European Society for Medical Oncology (ESMO) Congress in Berlin, in October 2025, by Professor Jeanne Tie, who also holds an RHRF Grant for another project 'DETECT-PM'.

BERLIN 2025 **ESMO** congress

ctDNA-Guided Adjuvant Chemotherapy De-Escalation in Stage III Colon Cancer

Primary Analysis of the ctDNA-Negative Cohort from the Randomised AGITG DYNAMIC-III Trial (Intergroup Study of AGITG and CCTG)

Jeanne Tie

Peter MacCallum Cancer Centre and Walter & Eliza Hall Institute of Medical Research, Melbourne, Australia

On behalf of the AGITG DYNAMIC-III Investigators

Yuxuan Wang, Jonathan Lowe, Joshua Cohen, David Espinosa, Rachel Wong, Timothy Price, Niall Tebbutt, Matthew Dargatzis, Simon Harris, Belinda Lee, James Lynskey, Lorraine Churchill, Chris O'Callaghan, Daniel Broadhead, Chetan Berthegowda, Nickolas Papadopoulos, Kenneth Kincher, Ben Vogelstein, Peter Gibbs



Title slide presented at ESMO 2025 by Professor Jeanne Tie

Study Publication

Open Grants

The Ramsay Hospital Research Foundation Translational Challenge Grant (TCG) is open and taking applications.

The TCG is RHRF's flagship program, driving research that tackles the root causes of health inequality. By funding projects that explore the impact of education, socioeconomic status, lifestyle factors and environment, the TCG aims to break the cycle of disadvantage and create lasting improvements in patient outcomes. A maximum of \$400,000 is available per project. **Applications close on 24th November 2025.**



More Info & Apply

From Graduate Nursing Program to Clinical Trials Coordinators

We're thrilled to share the success of Olivia Leon (Pindara Private Hospital) and Christine Raymer (Ramsay Clinic Albert Road), who have both transitioned into full-time roles as Clinical Trials Coordinators within their respective Clinical Trials Units.

Their appointments follow the completion of a Clinical Trials Unit rotation as part of the Ramsay Health Care Graduate Nurse Training Program - a pathway designed to expose early-career nurses to the dynamic world of clinical research.

Olivia and Christine's achievements highlight the value of hands-on experience and mentorship in fostering the next generation of research leaders in health care.



Watch Christine Raymer's Rapid Research Interview with us while completing her Clinical Trials Unit rotation.

Seeking practicing orthopaedic surgeons

The PREPARE Study: Peer-Reviewed Evaluation of Performance in Accordance with Registry-based Evidence, is seeking practicing orthopaedic surgeons to participate in the study.

Peer review of Registry data is a recommended part of CPD for those surgeons who undertake arthroplasty. PREPARE offers an easy way to achieve this metric and best of all the AOA PREPARE Clinical Studies Team will help you log the 3 hours of CPD activity that you will attain by being involved.

Funded by the Ramsay Hospital Research Foundation, The PREPARE Study utilises a custom-built app to allow for a double blinded interview surgeon to surgeon. The blinded interview aims to provide an avenue for open discussions and feedback on surgeon arthroplasty outcomes utilising Registry data. It will also build a dataset on the most effective infection prevention practices.



Contact the PREPARE Study team below, or email prepare@aoanjr.org.au to register your interest.

Get involved

Consumer Engagement Webinar

Engaging Consumers Early to Build Genuine Partnerships

Health Translation Queensland is hosting a webinar on Thursday 6th November from 12pm - 1pm AEDT.

This session will bring together researchers from The University of Queensland, Griffith University and Queensland University of Technology to share practical guidance on when and how to bring consumers into projects, tips for building relationships, managing expectations and ensuring fair compensation, as well as common barriers and enablers.



Engaging
consumers early
to build genuine
partnerships

WEBINAR

Register here

Research Consultations

Ethics & Governance

These consultations are designed to help you navigate the ethical and governance aspects of your research project. Whether you are in the early stages of project planning or need guidance on specific considerations, this session provides an opportunity to discuss your concerns with our experienced team.

Biostatistics

Unlock the power of data with tailored biostatistical support to help strengthen your research. Our consultations assist with all aspects of biostatistics, including study design, data analysis, interpretation and more.

Register here

Some Recent Publications

Congratulations to several of our Doctors, VMO's and RHRF grant recipients on their recent publications. We are fortunate to see contributions from researchers who actively participate in our Clinical Trials & Research Units as well as from those affiliated with Ramsay sites more broadly.

Dr Vikram Puttaswamy - North Shore Private Hospital

[Published Evidence on Peripheral Atherectomy: A Meta-analysis and Systematic Literature Review of More Than 300 Original Investigations](#). *Journal of the Society for Cardiovascular Angiography & Interventions*

Andrea Tazibirkova - Pindara Private Hospital

[Efficacy and safety of cosibelimab in advanced cutaneous squamous cell carcinoma: Results from a Pivotal Open-label Study with a median follow-up of \$\geq 2\$ years](#). *J Am Acad Dermatol*.

Fintan Harte - Ramsay Clinic Albert Road

[An autoethnographic critique of a past report of inpatient psychiatric treatment for gender diverse children](#).

Marco Matos - Pindara Private Hospital

[A phase I study of the OX40 agonist BGB-A445 with or without tislelizumab, an anti-PD-1 monoclonal antibody, in patients with advanced solid tumors: dose-escalation results.](#) *Cancer Chemother Pharmacol.*

Stephanie Sim, Ravisha Srinivasjois, Brad Jongeling & Desiree Silva- Joondalup Health Campus

[Longitudinal associations between maternal and child screen use at 1 year of age and child behavior and development at 3 years of age.](#) *BMC Pediatr.*

Sagar Ramani - John Flynn Private Hospital

[Study protocol: feasibility and safety of conventional external-beam radiotherapy with an integrated stereotactic lite gross-tumour-volume boost for painful bone metastases: the HYBRID study.](#) *Radiat Oncol.*

Michael Krasovitsky & Marina Kastelan - North Shore Private Hospital

[Clinical outcomes and management of CDKN2A/B homozygously deleted IDH-mutant astrocytomas-a cohort study and patterns of care survey.](#) *Neurooncol Pract.*

Clara Massaneda-Tuneu, Donel Martin, Dalia Moreno, Justine Ellis, Owen Samuels, Ian Fowler, Michael Bull, Philip Mitchell & Colleen Loo - Ramsay Clinic Northside

[Real-world clinical data on the long-term effectiveness and safety of generic racemic ketamine treatment.](#) *J Affect Disord.*

Doa El-Ansary - Westmead Private Hospital

[Implementing Evidence to Inform Recovery After Cardiac Surgery via Median Sternotomy Is Feasible and Effective Using a Research Translation Framework.](#) *Heart Lung Circ.*

Alexandr Yuile Marina Kastelan, Adrian Lee, Helen R Wheeler - North Shore Private Hospital

[Vaccine-induced immunity is maintained in glioma patients relative to other solid tumours.](#) *J Neurooncol.*

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