



September 2025

Your 60 Second Scoop

Translational Challenge Grant

Applications are now open - More info & apply [here](#). Applications closing 24th Nov 2025.

New Publications

From 'The CARE Network' in the [Journal of Affective Disorders](#)

From the 'COASTAL Project' in [Osteoarthritis & Cartilage Open](#)

Conference Keynote

RHRF Grant Recipient, Stephen Smith presented a Keynote at the European Society of Coloproctology 20th Scientific and Annual Conference in Paris on the RHRF funded study 'IMPOSTERS'

Partnerships

RHRF featured in an ['ANZUP in Conversations'](#) interview outlining the partnership between RHRF and ANZUP and the collaboration on the DARO-Lipid study

Consumer Involvement

Two webinars from Health Translation Queensland:

['Framework for Consumer and Community Involvement in Health Research'](#) and

['Engaging Consumers Early to Build Genuine Partnerships.'](#)

Free Research Consultations

For anyone conducting research at a Ramsay facility. Consultations in biostatistics, ethics & governance, and RHRF grant writing. Register [here](#).

Grant Round Open

TRANSLATIONAL CHALLENGE GRANT

NOW OPEN

APPLY ONLINE



The RHRF Translational Challenge Grant Round is now open and taking applications.

[See 'How to Apply' section on our website.](#)

The Translational Challenge Grant (TCG) is the flagship program of the Ramsay Hospital Research Foundation, driving research that tackles the root causes of health inequality. By funding projects that explore the impact of education, socioeconomic status, lifestyle factors and environment, the TCG aims to break the cycle of disadvantage and create lasting improvements in patient outcomes.

A maximum of \$400,000 is available per project.

Applications close 24th November 2025

Long Term Effectiveness of Ketamine Treatment on TRD



A new publication from [The CARE Network](#), an RHRF funded study, has been published in the Journal of Affective Disorders and is the first study of its kind, outlining the real-world clinical data on the long-term effectiveness and safety of generic racemic ketamine treatment for people with Treatment Resistant Depression (TRD).

"Findings suggested that racemic ketamine, when appropriately dosed and administered within a structured clinical and safety monitoring framework, is both effective, safe and well-tolerated over a 6-month treatment period." - Clara Massaneda-Tunea, 2025

The Care Network, is a collaborative network of clinicians and researchers, established to promote best quality clinical care in Neurostimulation and Interventional Psychiatry. The paper is authored by a team from Ramsay Clinic Northside including: Clara Massaneda-Tuneu, Colleen Loo, Donel Martin, Dalia Moreno,

Justine Ellis, Owen Samuels, Ian Fowler, Michael Bull, Ana Rita Barreiros, Louise Brettell and Philip Mitchell, as well as others from UNSW, Black Dog Institute, Sydney University, and The George Institute for Global Health.

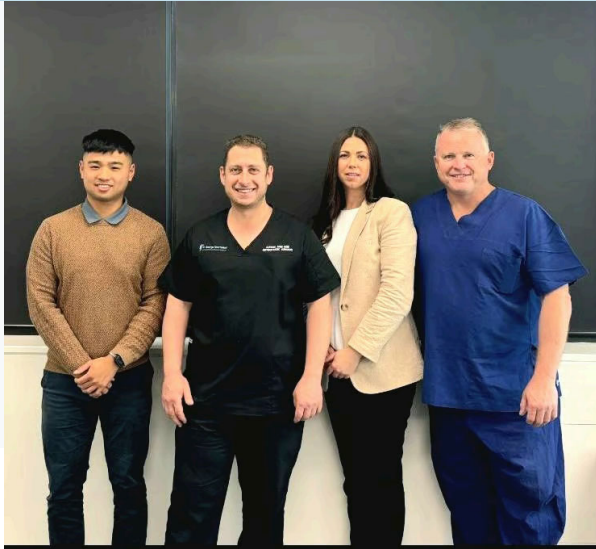
The full publication can be viewed online [here](#).

EPIK project secures additional NHMRC funding

EPIK is a registry nested trial, led by Professor Sam Adie looking into pain management after Total Knee Replacement. The study was awarded initial funding from RHRF in the 2023-2024 TCG grant round, and has undertaken 3 co-designed workshops to determine a final model of care.

The study has since secured additional funding from NHMRC through their Clinical Trials and Cohort Studies Grant where they have been awarded \$2,154,577.23

Congratulations to the project team.



Perinatal & Infant Mental Health Conference

Congratulations to RHRF grant recipients Professor Jane Fisher and Dr Karin Stanzel who were a part of a symposium at the Marce Society's Perinatal & Infant Mental Health Conference in Melbourne, alongside Alice Dwyer and Dr Anne-Marie Maxwell.

The symposium titled, *"Evidence of the important contribution of Australia's residential early parenting programs to comprehensive perinatal mental health care."* touched on learnings from RHRF funded research.

Congratulations to everyone involved.



ARMS Conference 2025

Two RHRF national team members, Dr Yordanka Krastev and Dr Smita Khandelwal attended the Australasian Research Management Society (ARMS) Conference in Melbourne. The three days delivered an engaging program guided by the theme 'Navigating the Playing Field: Innovation in a Complex Landscape'.

Dr Krastev and Dr Khandelwal presented two posters at the conference on 'Transforming Healthcare through Public-Private Partnerships and Addressing Social Determinants of Health' and 'Building a Community of Practice for Major Research Collaborations' which was also in collaboration with Vesna Stefanovski from La Trobe University.



L to R: Dr Smita Khandelwal, Dr Yordanka Krastev

ANZUP & RHRF Collaboration

Listen to Nicola Ware, (CEO, RHRF) speak with Samantha Oakes, (CEO, ANZUP) about the partnership between the two organisations and the collaboration on the RHRF funded study DARO-Lipid.

DARO-Lipid, lead by Principal Investigator Dr Tahlia Scheinberg, is an RHRF funded study, that is now expanding to it's next phase, running clinical trials in multiple sites around Australia.

The study was recently presented at the ANZUP New Zealand Idea Generation Workshop which developed interest from an Auckland site. The site is now undergoing ethics approval for participation in the study.



Consumer Involvement in Research



Framework for Consumer and Community Involvement (CCI) in Health Research

by CCI in Research Alliance

LAUNCH WEBINAR
17 OCTOBER 2025



Health Translation Queensland have two upcoming webinars around consumer involvement in research.

Consumer Involvement and Engagement in research is a priority of Ramsay Hospital Research Foundation, and we encourage anyone interested to take a look at these webinars as ways to upskill and educate yourselves and your teams on how to better incorporate the consumer voice in a meaningful way into your work.

Launch: Framework for Consumer and Community Involvement in Health Research

Friday 17th October 2025

1pm - 1:45pm (AEDT)

[Register here](#)

Engaging Consumers Early to Build Genuine Partnerships.

Thursday 6th November 2025

11am - 12pm (AEST-QLD)

[Register here](#)

Free Research Consultations

Free Biostatistics, Ethics & Governance, and RHRF Grant Writing consultations are available for anyone conducting research at a Ramsay facility.

All consultations will be conducted online via Zoom or Microsoft Teams.

Essential at every stage of your project - from concept to conclusion.

[Register for a free consultation here.](#)

Recent Publications

Congratulations to two of our grant recipients and investigators on their and their teams recently published work.

David Hunter - Collaborative Research Request Grant: COASTAL Project

[Protocol for the comparison of remote versus face-to-face osteoarthritis management programs \(COASTAL\): A randomized implementation trial.](#) *Osteoarthritis Cartilage Open.*

Colleen Loo - Collaborative Research Request grant: CARE Network

[Real-world clinical data on the long-term effectiveness and safety of generic racemic ketamine treatment.](#) *J Affect Disord.*

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